FOOD ASSESSMENT

1. a. Where do you buy most of your groceries? __________________________________________
   Why? ___________________________________________________
   b. How often do you go to the grocery store? ______________________________________

2. How often do you shop for food at Coronado Meat Market & Bakery on 42nd Pl. and Avalon?
   _____ Always
   _____ Sometimes
   _____ I’ve never heard of Coronado Meat Market

3. a. Do you eat fruits and vegetables?
   _____ Yes
   _____ No
   b. If not, why? (Please check all that apply)
   _____ None available in my community
   _____ Too expensive
   _____ I don’t like vegetables
   _____ I don’t know how to cook with them
   _____ I don’t have time to cook

4. What would help you eat more fruits and vegetables?
   __________________________________________________________________________
   __________________________________________________________________________

5. Do you know where to find fruits and vegetables in your neighborhood?
   _____ Yes
   _____ No

6. How would you rate the quality of the food you buy in your community?
   1=WORST, 5=BEST
   Fruits  1  2  3  4  5
   Vegetables  1  2  3  4  5
   Meats  1  2  3  4  5
   Breads  1  2  3  4  5
   Dairy Products  1  2  3  4  5

7. Do you eat organic fruit and vegetables?
   _____ Yes
   _____ No

8. What is your primary mode of transportation?
   _____ Car
   _____ Bus
   _____ Walk
   _____ Other: __________________________________________________ (Specify)

9. Are you on any type of food assistance?
   _____ WIC
Food Stamps
=====
Other: 

10. Do you buy food from street vendors/push-cart vendors?
   _____ Yes
   _____ No

11. How many times per week do you eat at a fast food restaurant?
    (For example: McDonald’s, Pollo Loco, Burger King, Tacos Mexico, etc.)
    _____ 1 or 2 times/week
    _____ 3 or 4 times/week
    _____ 5 or 6 times/week
    _____ Everyday

12. In the last week, how many meals were prepared at home? 

13. Do you read the nutritional label and ingredients of the food you purchase?
   _____ Yes
   _____ No
   If not, why?

**GENERAL DEMOGRAPHICS**

1. Male _____ Female _____

2. What language do you speak at home?

3. Including yourself, how many people live in your household?
   _____ People
   _____ Children under 18
   _____ Adults 18 to 64
   _____ Seniors (65 & over)

4. What is your home zip code? 

5. How old are you?

*Thank you for taking the time to fill out this survey.*